



Friday  
January 18, 2019  
at 12:30pm

# Start the New Year with a NEW ATTITUDE

**With Constance Hallinan Lagan**

**Open the window on optimistic thinking and experience the joy of a life lived positively and learn to "stamp out" negativity.**

WHAT EVER YOU  
DECIDE TO DO,  
MAKE SURE IT  
MAKES YOU HAPPY.



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